

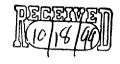
En Garde Health Products, Inc.

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Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C St. SW Washington, DC 20204



Date: October 15, 1999

Subject: Statements of support included in labeling for (Product name): B12/FOLIC ACID BOOST™ Label date to printing: October 4, 1999

This is to notify you that En Garde Health Products (address as shown above) has included the following statements of support, on labeling for the product name shown above.

"Providing essential elements."

"Supplementation of Vitamin B12 is necessary for people who are strict vegetarians, since vegetables do not contain vitamin B12."

"This product is an optimal way for those who are strict vegetarians to obtain Vitamin B12, since it does not contains any animal products."

This memo is to certify that the statements contained on the labeling and in this notice are complete and accurate, and that we have substantiation that these statements are truthful and not misleading.

Certified by

A. A. Chaplan, for En Garde Health Products

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